



Rehabilitation Solutions



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Rehabilitation solutions

ILS is a leading provider of rehabilitation solutions, specialising in providing highly experienced professionals throughout the UK.

We are personal injury specialists and work with clients who have had moderate or catastrophic injuries, for example, brain or spinal cord injury.

Our services are diverse and flexible, we can provide:

- Individual treatment programmes.
- Coordinated interdisciplinary service to clients who have sustained a more serious or complex injury.
- Core training for care teams which includes moving and handling and nursing support to help ensure CQC compliance.

We're here to provide a quality service that you can trust to meet your client's needs.



About ILS rehabilitation solutions

Following the success of ILS case management, ILS rehabilitation solutions was established in 2012. It was set-up to address the need for a more holistic care package, and to provide a high quality range of specialist rehabilitation services. Our approach is totally client centred and our highly skilled teams ensure we provide the very best service.

We have an excellent reputation for working alongside our clients to achieve their rehabilitation goals.

We pride ourselves on giving honest advice and recommendations and will always act in the client's best interests.

Our aim is:

- To provide a high quality, comprehensive rehabilitation service.
- To have a client centred approach.
- To work collaboratively and effectively with other professionals.
- To be flexible in our approach to ensure we meet the needs of our clients.
- To provide a national service with an individual focus.
- To have clear goals and be outcome focussed.
- To be accountable.



Our Team



We have a large, highly skilled and diverse team which includes occupational therapists, physiotherapists, speech & language therapists and nurses. All our clinicians are registered with the HCPC or NMC.

Our professionals' aim is to build strong client relationships and from the outset we will set expectations and formulate goals against which outcomes will be measured. All ILS rehabilitation solutions therapists maintain a high level of continued professional development and many have postgraduate qualifications. Each team member has an assigned clinical mentor who provides them with regular individual support.

The ILS experienced administration and support team is based in our head office in Wiltshire, they work closely to support our professionals to ensure that we are continually meeting our client's rehabilitation needs.



Why choose ILS rehabilitation solutions?

- Our team of professionals deliver a tailored service assisting clients, their families and care teams throughout the rehabilitation process.
- Our services are diverse and flexible to meet your client's needs. We can provide individual treatment programmes or a coordinated interdisciplinary service to clients who have sustained a more serious or complex injury.
- We offer client-centred training for care teams to carry out moving and handling, therapy, and delegated nursing tasks.
- By developing and implementing bespoke rehabilitation programmes, our expert team of specialists assist our clients to help them to achieve their maximum potential. We help people deal with the consequences of injury and medical absence from work, leading to an improved quality of life and, where possible, to useful occupation.
- In addition to this ILS provide a comprehensive, on-going training programme for all staff. We believe that training and support for our professionals is essential in ensuring that our clients receive the high quality services they require.

Outcome Measures

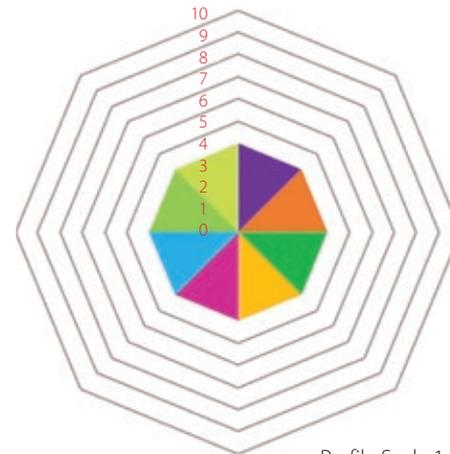
An implicit part of our work is to ensure we meet our client's needs and that their aspirations are at the heart of what we do; where there are complex needs and care situations, it is easy for subtle progressions and changes to be missed amongst the complexity of daily life.

In addition to using standardised therapy outcome measures, research and review of current evidence-based practice led us to develop our own unique outcome measure: Goals and Outcomes Profile (GOP).

Goals and Outcomes Profile (GOP) - Initial

Initial - Jack, February 2104

- Jack to use three-word sentences on his communication aid
- Jack to transfer to use the toilet with a standing transfer at home and school
- Jack to use both hands on a large play item
- Jack to use his left hand to stabilise a play item
- Jack to use his right hand to activate a keyboard with precision
- Jack to control a pencil to form letters with assistance or equipment support from the elbow
- Jack to remove jumper from his arm left (before or after removing for over his head), using his right hand
- Jack to achieve level 5 'Sophisticated Beginner' on ALP wheelchair driving scale



Profile Scale 1-10

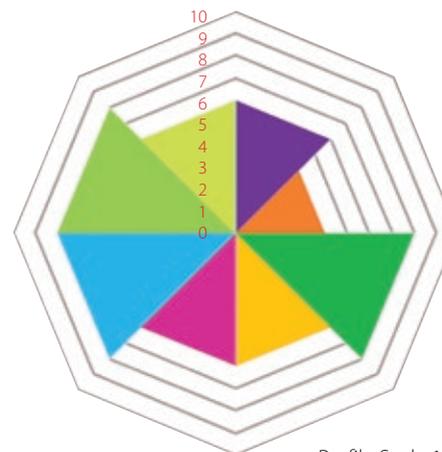
Using a 10 point scale to convert Goal Attainment Scale* and other rating scores the GOP provides a simple, visual representation of personal progress and outcomes following therapeutic intervention.

* We recognise that these are not scores or statistically valid measures but simply a tool to feedback, monitor and provide a motivating and meaningful service to our clients.

Goals and Outcomes Profile (GOP) - Progress

Progress - Jack, June 2104

- Jack to use three-word sentences on his communication aid
- Jack to transfer to use the toilet with a standing transfer at home and school
- Jack to use both hands on a large play item
- Jack to use his left hand to stabilise a play item
- Jack to use his right hand to activate a keyboard with precision
- Jack to control a pencil to form letters with assistance or equipment support from the elbow
- Jack to remove jumper from his arm left (before or after removing for over his head), using his right hand
- Jack to achieve level 5 'Sophisticated Beginner' on ALP wheelchair driving scale



Profile Scale 1-10



Nursing Advisory Services

Our team of highly qualified nurses have a wide range of clinical skills and experience. We aim to provide our clients with nursing support and advice to enable them to develop a lifestyle where their nursing needs are made as medically stable as possible.

Our nurses have expertise and experience in paediatrics, learning disability, mental health, adult nursing, district nursing, and health visiting.

In our experience we've found that involving a nurse advisor in the early stages of case management (when finalising INA or initial risk assessment) can be helpful to ensure that the immediate priorities and ongoing care and training needs have been identified.

We offer support and guidance relating to various types of nursing interventions including administration of medicine, epilepsy awareness, PEG feeding, use of oxygen, tissue viability, catheter care, and invasive nursing procedures. We also offer support and guidance for clients with challenging behaviour.

We can provide:

- Nursing assessments.
- Recruitment and supervision of nursing teams.
- Clinical support, training and professional development for registered nurses for clients.
- Training for carers.
- Client-centred advice and guidance for nurses, care staff, families and case managers.
- Comprehensive nursing management/care plans for clients.
- Liaison with and maximising input from statutory services.
- A link between clients, families and carers to provide a cohesive working team.
- Informal advice and guidance on current nursing needs.

We're able to offer a bespoke service ranging from a small number of tasks to a highly complex care and nursing package.



If you wish to discuss your client's **nursing** requirements please call the team coordinator on **01722 742442** who will be happy to assist and provide a quote.



Moving and Handling

Our team of moving and handling professionals aim to find the most effective and practical solutions for our clients at home, at work, in school, on holiday, and for participating in all leisure activities.

ILS moving and handling advisors work to promote a holistic, dynamic, on-going risk assessment process. We encourage our clients to participate in their moving rehabilitation whilst ensuring that handling risks are managed with their support workers.

To achieve our client's goals we:

- Support children and adults who need assistance in maximising their care, leisure, or learning opportunities.
- Consider the need and benefits of tasks to our client's self-esteem, physical potential, and motivation.
- Consider the variation in support worker abilities, the frequency of task, duration of task, and the environment.
- Have expertise in working with clients who have complex needs.

The key to our success is listening to the wishes of our clients and working with them to achieve this within the health and safety framework.

We can offer:

- Assessment of current and long terms needs, particularly in the home environment.
- Risk assessments and bespoke training for support workers, parents and professionals.
- Practical advice and information on moving and handling equipment.
- Sling and hoist assessments.
- Advice during the planning of adaptations, on the layout of rooms and the positioning of equipment to maximise your client's potential.
- Advice on solutions for accessing leisure activities.

If you wish to discuss your client's **moving and handling** requirements please call the team coordinator on **01722 742442** who will be happy to assist and provide a quote.

Posture Management

Anyone who is unable to move independently is at risk of postural changes. This can impact on body structures, cause pain, and can effect flexibility and function. Posture management is a holistic approach to managing the physical health of someone who has a complex physical disability. When used as part of a programme which includes movement and positioning and specialist equipment, posture management can maximise a person's functional ability and enhance comfort and quality of life.

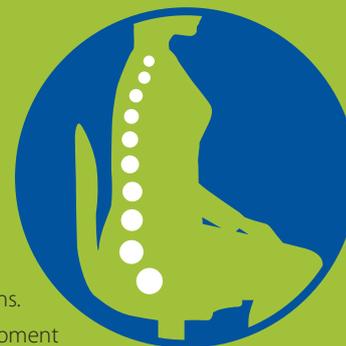
Our team of physiotherapists and occupational therapists are specialists in assessment and provision of bespoke equipment for people of all ages who have complex physical needs. Our clients include children and adults who have acquired brain injury, spinal cord injury, cerebral palsy, multiple orthopaedic injuries, and complex disabilities.

We assess for specialist positioning equipment including wheelchairs and customised seating, support for lying, and standing by undertaking a comprehensive assessment of our clients' personal and physical needs; this includes a thorough biomechanical assessment.

We work collaboratively with clients, families, care teams, and home and community therapists to ensure a coordinated approach to providing 24-hour posture management.

Our services:

- A team of highly qualified therapists, with specialist skills, to provide bespoke posture management solutions.
- Provision of in-depth assessment and detailed reports with recommendations and action plans.
- Joint working with specialist equipment providers and client's therapists.
- Support in acquiring appropriate wheelchair seating and posture management equipment.
- Coordination of reviews to ensure ongoing comfort and suitability of equipment.
- 24-hour posture management advice, inclusive of our client's lifestyle choices and postural needs.
- Exploring practical solutions for our client, their families, and care teams.
- Training for clients, family, care teams, and school teams to provide 24-hour postural management programmes, including use of equipment, in collaboration with client's therapists.



If you wish to discuss your client's **posture management** requirements please call the team coordinator on **01722 742442** who will be happy to assist and provide a quote.



Neurological Occupational Therapy

Our specialist neurological occupational therapists have extensive experience working with clients who have sustained a brain injury or other neurological diagnosis, as well as those who have physical, mental health or social difficulties. We deliver a friendly, personalised, and professional service which includes individualised assessments and rehabilitation packages for adults, aiming to optimise a client's independence and level of function.

To achieve our client's goals we will:

- Complete a thorough personalised assessment and agree client-focused goals.
- Implement a therapy programme to maximise our client's abilities; this may include expanding activity opportunities and focus on specific neurological techniques to address difficulties with cognitive, sensory, and motor skills.

- Teach support workers and family to implement the therapy programme effectively.
- Work with clients to develop compensatory strategies for organisational and planning problems.
- Teach independent living skills including personal care, domestic, and financial management
- Enable a client to identify and carry out fulfilling leisure activities.
- Assess for and identify specialist equipment including mobility aids, vehicles, wheelchairs and artificial limbs and adaptive aids for the home environment.
- Assess for and recommend assistive technologies including environmental aids to promote independence.

If you are looking for Occupational Therapy for Children, please turn to page 17

If you wish to discuss your client's **neuro OT** requirements please call the team coordinator on **01722 742442** who will be happy to assist and provide a quote.

Vocational Rehabilitation

Our specialist team of occupational therapists work with clients to enable them to access, maintain, or return to either employment, or other useful occupations. We assess the vocational needs and potential of clients with brain injury and catastrophic injury.

We can offer:

- In depth assessment, a detailed report, and recommendations for treatment.
 - A goal-focused and integrated treatment plan based on the individual's unique lifestyle, environment, and preferences.
 - A graded programme of treatment to enable the client to explore his or her potential for returning to work; whether that be paid employment or voluntary work.
- Brain injury education addressing daily living and pre-work skills.
 - Setting-up and evaluating voluntary work trials.
 - Strategies to manage cognitive and behavioural problems.
 - Training of support workers and family members.
 - Sourcing, set-up, and support of suitable, long-term work placements.



If you wish to discuss your client's **vocational rehabilitation** requirements please call the team coordinator on **01722 742442** who will be happy to assist and provide a quote.



Physiotherapy

The ILS rehabilitation solutions physiotherapy team consists of experienced, enthusiastic physiotherapists who are focused on problem solving. All of our team members work collaboratively with their clients and multidisciplinary teams in order to set goals with carefully measured outcomes.

Our physiotherapists have specialist skills in assessing and treating clients with acquired brain injury, cerebral palsy, spinal cord injury, and other neurological conditions. Many have postgraduate training in bobath therapy, conductive education, hydrotherapy, kinesiotaping, and sensory integration.

Previous successful interventions:

- An adult client had given-up accessing physiotherapy due to previous negative experiences, but following an ILS rehabilitation solutions assessment she regained her confidence in the profession whilst receiving pain-relieving physiotherapy and hydrotherapy programmes.
- A client had complex seating, postural control, and comfort needs; the ILS physiotherapist assessed the client alongside the ILS posture management therapist and the client was successfully repositioned. A new physiotherapy programme was established and new equipment was sourced for improved comfort.
- A paediatric client was taught physiotherapy exercises to be integrated into her daily routine. The physiotherapist was able to reduce weekly visits to termly reviews once the daily programme and been learned and established so the client could work towards self-focused independent living, without relying on therapy intervention.

If you wish to discuss your client's **physiotherapy** requirements please call the team coordinator on **01722 742442** who will be happy to assist and provide a quote.

Occupational Therapy for Children

Paediatric occupational therapists can provide a full range of treatment and services for children and young people with neurological disabilities. We are skilled in working in liaison with parents, carers, school, colleges and other therapists.

OT treatment programmes

Following an in-depth assessment, detailed report, and recommendations for treatment, we can offer therapy programmes for children who experience difficulty with:

- Movement control and/or coordination.
- Sensory processing for self-regulation and behaviour.
- Activities of daily living e.g. feeding, toileting, and dressing.
- Fine motor and hand skills.
- Accessing learning tasks at school and home.
- Developing leisure pursuits, play skills, and participating in family activities.
- Developing confidence with community skills.
- Concentration and attention.
- User-friendly equipment requirements for improved support and function.

If you wish to discuss your client's **occupational therapy** requirements please call the team coordinator on **01722 742442** who will be happy to assist and provide a quote.

We use a range of standardised assessments and offer treatment approaches including neurodevelopmental approach and sensory Integration.

We understand the importance of setting goals that are meaningful for our young clients and families. Therapy programmes will be focused on activities that the child and family enjoy.

We use an innovative approach to monitoring programmes and outcomes to encourage, motivate and build on each successful step in the process.

OT services

Our therapists are highly skilled in:

- Assessing requirements for equipment to maximise independence, leisure, and learning opportunities.
- Contributing to education, health and care plans, and transition planning.
- Facilitating clients to access and participate in a wide range of leisure activities.
- Ensuring that therapy is fun and motivating.





Speech and Language Therapy

Working with both adults and children our team of speech and language therapists treat speech, language, and communication problems in order to enable clients to communicate to the best of their ability. We also work with people who have swallowing and eating problems.

Our speech and language therapists specialise in working with clients who are experiencing difficulties with the following conditions:

- Speech difficulties.
- Language impairment.
- Social communication difficulties.
- Dysphagia (eating and drinking difficulties).
- Voice disorders.

Initial assessment may include standardised tools or a less formal approach as appropriate. We will also take into account any emotional or environmental factors which may impact on a person's ability to communicate.

We will work with the client and their team to ensure that the most effective method of communication is identified. This may include: speech, signing, communication boards, non-verbal skills, augmentative and alternative communication (AAC), high tech communication devices, or communication switches.

We can offer:

- An individual therapeutic programme.
- Close working with the client and family, carers and other members of the interdisciplinary team to set collaborative and realistic goals.
- Direct input in the client's environment, for example, school, college, day centres, work placements.
- Bespoke resources and aids to support a total communication approach.
- Timely and appropriate liaison with the other members of the interdisciplinary team.
- Advice and training for families and other professionals.
- The monitoring and evaluation of goals using appropriate outcome measures.

If you wish to discuss your client's **speech and language therapy** requirements please call the team coordinator on **01722 742442** who will be happy to assist and provide a quote.

Vision Impairment

Our visual impairment consultant can work together with adults or children to optimise any residual vision and enable them to achieve their goals.

She can offer:

- Assessment and treatment of visual impairment.
 - Experience in working with people with profound and complex disabilities including physical, sensory, and cognitive impairment; including acquired brain injury (ABI).
 - Low vision services for adults and children including assessment of vision for augmentative and alternative communication (AAC), computer, and educational access.
- Experience in working within schools, colleges, employment services, hospitals, and community settings.
 - Experience in working as a member of the interdisciplinary team.
 - Experience in training so that parents, carers, and support workers can provide essential support.



If you wish to discuss your client's **visual impairment** requirements please call the team coordinator on **01722 742442** who will be happy to assist and provide a quote.



T: **01722 742 442** ● www.indliv.co.uk ● mail@indliv.co.uk

Head Office: 2 Wilton Business Centre, Wilton, Salisbury, SP2 0AH

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